

ASTROLOGY



JULY 2021

**MONTHLY
PREDICTIONS**
BY YOUR SIGN

**LIFE PATH
NUMBERS**

AND WHAT
YOURS MEANS

**ANCESTOR
WORK**

**CANCER
SEASON**

REMEMBER WHO
YOU ARE

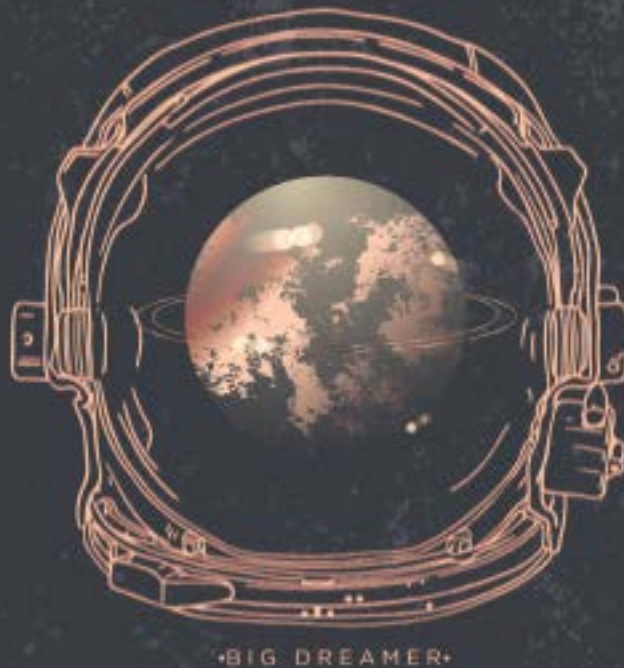
The Astrology Magazine

July Edition / 2021

3

CALENDAR

Full calendar of this month's transits



4

TRANSITS BREAKDOWN

Interpretations of this month's energy and explanations of the transits listed in the monthly Calendar, including a full article on the New Moon by Lilah Shreeve (pg. 5)

9

JUPITER RE-ENTERS AQUARIUS

Further breakdown of this massive energy shift, interpreted by sign!

12

MINDING JUPITER'S BIG BUSINESS

More information on this massive transit by talented Astrologer, Dominique Moore

14

TAROT FORECAST

Including instructions for a protective ritual by Jay Chant

16

THIS MONTH IN ASTROLOGY

Learn about the underlying energies this month and get into the psychological depths with Astrologer Serena Itani

18

NORTH NODE IN GEMINI

If your North Node (or Rahu) is in Gemini then this article is for you! Break down of this placement by Astrologer Omar Senior

19

CONNECTING WITH YOUR ANCESTORS

Impactful article on how to use Astrology as a tool to connect with your deepest roots. Thoughtfully written by Astrologer Tai Soleil

23

KNOW YOUR LIFE PATH, KNOW YOUR WORTH

Learn how to find your numerological "life path" number and what it means for your journey with Numerologist Larissa Martincic

26

BUILDING A MEDITATION PRACTICE IN 5 EASY STEPS

Step by step guides and checklists to assist your journey inward with Anna Svetik De La Rosa

29

FIND YOUR INNER WHY

How to ask yourself the right questions to continue your journey of self-development with Jordon Alos

31

REDISCOVERING YOUR TRUE SELF

Get back in touch with who you really are with coach Liz Loizou-Smith.

32

ARE WE THERE YET

Stay hopeful on the journey with multi-dimensional transformation specialist Jennifer Barrett-Clerkin

33

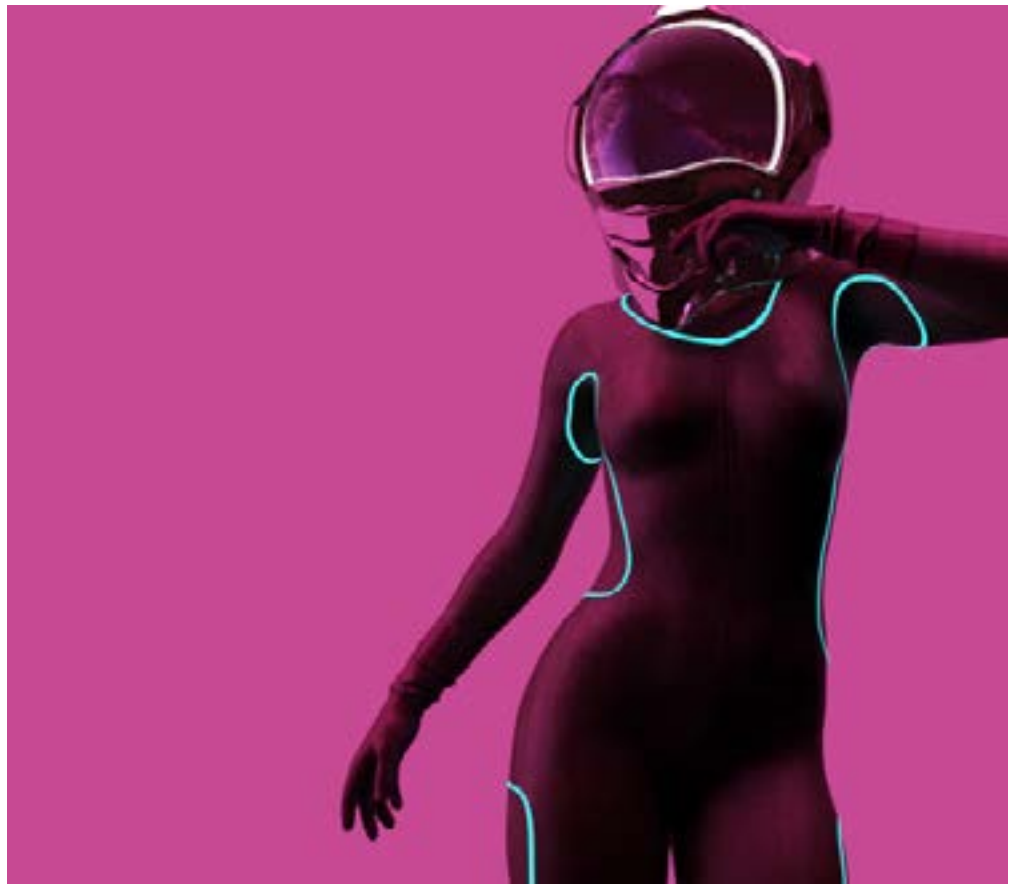
FOLLOWING OUR PATH

Reconnect to your intuition with intuitive life coach Diana Borisuck

32

FINDING PEACE IN THE CHAOS

Journey into consciousness with hypnotherapist Seph Dietlin



JULY

SUN	MON	TUE	WED	THUR	FRI	SAT
				Monday 1st Barnes East Quarter Museum in Berlin Children in the Museum Children in the Museum	2nd Museum in Berlin	3rd Museum in Berlin
Monday 4th Barnes	5th Museum in Berlin Museum in Berlin	6th Monday 6th Barnes	7th Tuesday 7th Barnes	8th Wednesday 8th Barnes	9th Thursday 9th Barnes	10th Friday 10th Barnes
11th Saturday 11th Barnes	12th Sunday 12th Barnes	13th Monday 13th Barnes	14th Tuesday 14th Barnes	15th Wednesday 15th Barnes	16th Thursday 16th Barnes	17th Friday 17th Barnes
18th Saturday 18th Barnes	19th Sunday 19th Barnes	20th Monday 20th Barnes	21st Tuesday 21st Barnes	22nd Wednesday 22nd Barnes	23rd Thursday 23rd Barnes	24th Friday 24th Barnes
25th Saturday 25th Barnes	26th Sunday 26th Barnes	27th Monday 27th Barnes	28th Tuesday 28th Barnes	29th Wednesday 29th Barnes	30th Thursday 30th Barnes	31st Friday 31st Barnes

1

MARS OPPOSITE SATURN

(affects 2-3 days before and after)

This energy is a bit confrontational. Some of us may have some frustrated moods during this time. We may feel restricted or like we are under pressure. It could be someone who is trying to directly limit you or perhaps a situation is limiting naturally.

LAST QUARTER MOON IN ARIES

(5:10pm)

Last Quarter Moons are associated with struggle. This is because the Moon is losing light during this time and are in a tense aspect with the Sun at the Quarter point. This can represent inner blockages and not believing ourselves in some way, although it is also considered a determined and strong energy. This Moon is happening in Aries which is an intense and fiery sign. This suggests that there may be some hurt feelings coming to the surface and arguments may ensue. Considering other transits accompanying this Moon, it may have to do with relationships or values. There may be hurt feelings regarding these themes which could come out. Try to use this energy to allow difficult feelings and wounds to surface and be overcome and don't give in to drama.

CHIRON TRINE MARS

Affects 1-2 days before and after

Powerful energy to take a leadership role in some type of healing. Working on helping others can actually help heal the self at this time. Being active and pioneering can also be healing. Take a more direct role in healing yourself today. Try to use this energy to allow difficult feelings and wounds to surface and be overcome and don't give in to drama.

CHIRON SEXTILE SATURN

Affects 1-2 days before and after

We are experiencing three this year and this is the second one. The first one was in February and the next one will be in November. This is a great energy for us to approach our wounds

with more maturity. Sometimes our wounds can run amuck when we don't acknowledge and take responsibility for them. Use this energy to elevate your healing process and improve yourself. This is a good time for any practical self improvement work like journaling, shadow work, karmic work, etc.

2

MERCURY BECOMES VISIBLE

(until July 26th)

Mercury will now become visible to the naked eye and can be found in the sky as it is far enough away from the Sun for it's light to be visible to us. This is great for Gemini and Virgo placements especially who should be able to manifest more easily while Mercury is visible. That being said, this is good energy for all of us to move forward on projects. Marketing, sales, writing, and learning new skills are all favored during this time.

3

MOON ENTERS TAURUS

(8:28am)

While the Moon is in Taurus, we may be concerned about our security and having what we need. Spend some time in a comfortable environment and enjoy some good food (but watch out for overeating!)

4

MARS SQUARE URANUS

Affects 2-3 days before and after
This can bring about some outbursts or surprising events. We may become bored or have something we've been holding in boil over. Either way, there is likely to be a desire for quick decisions and changes. Avoid conflict today as people may say things they don't mean. Also watch out for overdoing it and getting minor injuries. This energy is best used as an enthusiastic momentum towards your goals. The positives of this energy is open mindedness and fighting for our rights. I would recommend laying low this July 4th.

5

SUN SEXTILE URANUS

(Affects 2-3 days before and after)

This is a favorable time to shake things up. We may get a much needed break from our routines and/or get a chance to express ourselves. If you are planning to make risky moves this month this might be a good time to do so. This energy also favors anything to do with online activities, inventive pursuits, or working with media outlets.

MOON ENTERS GEMINI

(9:24pm)

Gemini is a communication-related sign so the Moon being here could have us all quite chatty. This is a good time to think through your feelings and talk about them with others.

6

MERCURY SQUARE NEPTUNE

(Affects 1-2 days before and after)

This energy is associated with foggy or clouded thinking. Watch out for gossip as it is more likely that misinformation will get spread at this time. It is also possible that there will be misunderstandings or even outright deception. That being said, this is also a good energy for creative pursuits, especially ones that involve communication like writing, poetry, public speaking, spoken word, and similar fields. Communication in an inspirational and/or emotional way can be especially beneficial.

7

VENUS OPPOSITE SATURN

(Affects 1-2 days before and after)

This could bring about feelings of restriction for many of us. This could be a restriction of finances or relationships. It may be that there are unexpected expenses or having an inability to splurge on something we desire. It could also be that relationships grow a bit colder or have some conflict associated with them. Watch out for feeling insecure during this time. Many of us will want

to change our appearance in some way at this time. On a positive note, this is a good time to get real with ourselves about something and free ourselves from certain blockages. similar fields.

8

VENUS SQUARE URANUS

(Affects 1-2 days before and after)

This is an interesting follow up to yesterday's energy. Some will really want to break free from the restrictions they are feeling. This could bring sudden changes into your life. You may be spending more money or having something unexpected come up in relationships. This energy is there whether we like it or not so the best thing we can do is find good outlets for it. Explore some new ideas or creative projects and make sure you make time to have fun.

9

MOON ENTERS CANCER

(9:51am)

NEW MOON IN CANCER

(9:16pm)

interpretation on the next page!

10

MOON ENTERS LEO

(8:21pm)

Leo is an expressive sign so many of us may be emotionally expressing during it! One of the most positive forms that this expression can take is creative and/or performative in nature as Leo is associated with these as well. Being that Venus and Mars (the lovers of Astrology) are already very close to each other in Leo, this can mean that many of us will be having some romantic experiences (or at least be craving for them!)

BREAKDOWN / NEW MOON IN CANCER

— Lilah Shreeve

The new moon in Cancer on July 9 brings matters of home, family, belonging, and emotional security to the forefront and begins a three-year cycle wherever 18°01' of Cancer falls in your natal chart. Every year, this is a positive time to turn your attention inward and make space for your feelings to ebb and flow, but this year's lunation features strong themes of partnership, passion, and spirituality as well. Be conscious of these subjects surfacing on our around the new moon date, as there will be three more Cancer moons over the next few years that offer an opportunity for more information to come to light - the first quarter moon on April 9, 2022 during Aries season, the full moon on January 6, 2023 during Capricorn Season, and the fourth quarter moon on Oct 6, 2023 during Libra season. The full moon in Cancer in 2023 will be the apex of this cycle when the energy of July's new moon will culminate and release. Those individuals with planets, points, or angles between 16-20 degrees of the cardinal signs will sense this energy most, and feel the need to take action on the internal and external issues that arise during this period.

Venus is featured prominently in the new moon chart in its T-Square configuration with Saturn in Aquarius and Uranus in Taurus, and only days before its conjunction to Mars. Venus/Mars conjunctions are considered auspicious in astrology, when the Divine Lovers meet in the sky and begin a new two year cycle around relationship and desire. This time in Leo, the conjunction adds a strong dose of fire and sexuality to our new moon chart. Express yourself! Just remember that the people within your circle will be feeling this dramatic energy as well and everyone will be craving more attention than usual. With the influence of Saturn as well as Juno conjunct the South Node, you will no longer be able to ignore your need to be nurtured and feel seen in your relationships. Some partnerships, personal or professional, may be released to make space for new people that are better able to support your emotional needs.

The Sabian symbol for 19 degrees of Cancer (we round up when looking at Sabian Symbols) is "A Priest Performing a Marriage Ceremony." Again we see the theme of coupling. However, the focus in this image is not on the two lovers about to be joined in holy matrimony, but on the religious figure uniting them- a portrayal of the cosmic aspect of togetherness. A relationship is composed of three parts: you, me, and the partnership itself, that sacred energy that transcends the union and binds the first two elements together. The new moon's applying trine to Neptune in Pisces invites us to go deeper in our reflections on intimacy and unification and ask ourselves what "relationship" really means to us.

The Uranian energy of change and spontaneity in the new moon chart also cannot be ignored. Give yourself permission to try completely new Cancerian



MOON DETAILS

Date: 7/9
Time: 9:16pm EST
Sign: Cancer
Degree: 18°02

things. Start therapy. Buy plants to fuss over. Redecorate your home. Finally give yourself permission to do that one activity that you know would make you feel so much better. Human beings are intrinsically emotional creatures who need love and affection in order to thrive. The week following July 9, ask yourself- what do I need to feel protected and emotionally safe? This is an optimal time to set an intention to welcome in those people and circumstances that support your answer.



by **Lilah Shreeve**

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11

MERCURY ENTERS CANCER

(until 7/27)

Communication turns emotional during this time. We may be more sensitive to criticism so be gentle, even to yourself! This is a good energy for spending time with family or doing any ancestor work. Tell the people you love that you love them!

12

MERCURY TRINE JUPITER

(Active 1-2 days before and after)

Positive thinking! We may be a bit philosophical and/or optimistic. This is great energy for communication, intellectual pursuits, as well as asking for favors or promotions.

VENUS CONJUNCT MARS

(Active 2-3 days before and after)

This is a passionate combination that will heat things up for many of us. This is a great time to go on a date or enjoy some self-care. Considering other transits and factors, it seems like many of us will feel held back in some way and feel pressed to break away. Some whirlwind romances could start this month for some of us while for others this might be more about finances and values (as in, who owes what).

13

MOON ENTERS VIRGO

(4:31am)

This can cause many of us to be a bit more critical of ourselves and others. Watch out for these feelings and try to go easier on yourself. Practice positive affirmations!

14

MARS STARTS TO BECOME INVISIBLE

(until 12/1)

Mars is visible in the sky for most of this month and in most places of the world (especially in the Southern hemisphere). However, starting today he starts lagging behind Earth in the Solar System cycle. By August, he will likely not be

visible at all. Because of this, it will affect August to December much more than July but it is still worth mentioning here.

When Mars becomes invisible, it can make our plans less clear to us. It can be difficult to have energy and motivation and some of us may feel directionless. Use July to reconnect to your purpose and path so that you can come back to this in later parts of this year if you feel lost. Write these goals down and reference them later!

PALLAS GOES RETROGRADE

(until 11/8)

Pallas Athene is an asteroid that is associated with the Goddess Athena. This is the asteroid of strategy, pattern recognition, and is a blending of feminine and masculine energies. Retrogrades represent review and introspection. That being said, this can be a time when we are reviewing our old strategies or needing to make changes to our approach. Be open minded about looking at new tactics to approach your obstacles for the later part of this year. Retrogrades get a bad reputation but are a great opportunity to go inward for unique epiphanies and insights.

15

SUN TRINE NEPTUNE

(Active 1-2 days before and after)

We may be more aware and open to other people's energy during this time. We may be more empathetic and understanding of others. This is a good time for imaginative work like art or spiritual pursuits.

MOON ENTERS LIBRA

(10:32am)

Emotional needs focus on relationships and fairness. Some may feel the need to fight for what is fair to them while others may be focused on starting some kind of professional or business relationship.

CHIRON GOES RETROGRADE

(until 12/19)

Chiron is an asteroid associated with deep wounds and healing capabilities. As mentioned, retrogrades are a time of review and introspection. This

retrograde is occurring in the sign of Aries. Aries is associated with our sense of self, our motivation, and our inspiration. This all suggests that we may be doing some deep reflection about wounds regarding our identity and ability to actualize our goals. It's interesting that this is going on alongside Mars beginning to go invisible and suggests that many of us may start to feel low energy or at a loss identity-wise. Make sure you use this month to connect to who you truly are to make this easier for you later on and allow introspective confusion to occur later on this year.

This sort of introspection can actually be healing for us and is great for shadow work, journaling, and similar activities.

17

SUN OPPOSITE PLUTO

(Active 1-2 days before and after)

Power struggles can come up during this time. Avoid being manipulated or being manipulative. Manipulation at this time will likely take the form of underhanded power plays and similar dynamics. Be aware of such exchanges and tap into your inner reserves of power and strength.

FIRST QUARTER MOON IN LIBRA

(6:10am)

A First Quarter Moon has a similar energy as the Last Quarter Moon except that this Moon phase has a tendency to blame everyone else for the struggles they are experiencing. This is interesting to note as this Moon phase is happening in Libra, which is the sign associated with relationships. Relationships seem to be a theme this month in general and this will almost certainly come up at this First Quarter Moon. We can also notice that Pluto is squaring this Moon which suggests that power struggles may factor in as well. We may feel that something unfair is happening to us or that we have some unfair arrangement with someone. Strive for fairness and stand up for yourself but be aware that many will also be doing this and avoid drama whenever possible.

MOON ENTERS SCORPIO

(2:39pm)

Soon after our First Quarter Moon, the Moon enters Scorpio. This is an intense position for the Moon to be in and is considered a difficult placement. Scorpio is an intense and obsessive sign which can be a lot to handle in our emotional lives. This emphasizes the power struggles and relationship clashes that some of us may be going through.

19

MOON ENTERS SAGITTARIUS

(5:08pm)

This should lighten up the emotional energy a bit as Sagittarius has a more optimistic and upbeat energy. While disagreements with others may still be lingering, our emotional nature is looking for something more philosophical at this time. Try taking time to enjoy a trip of learning something new to take your mind off things. Take it easy on your body, though, especially regarding hips, tailbones, or thighs.

VESTA ENTERS LIBRA

(until 9/20)

Vesta is an asteroid that is associated with that which keeps us inspired and motivated. It's interesting that this month involves so much relationship development as well as starting to lose steam with our motivations because this suggests that we will start to get our inspiration through the pursuit of peace, balance, and fair relationships.

20

MERCURY SEXTILE URANUS

(Affects 1-2 days before and after)

Unexpected news can come in but it will likely be positive in nature! We may have some interesting experiences and upbeat conversations as well. This is good energy for socializing and making plans.

BREAKDOWN / FULL MOON IN AQUARIUS



MOON DETAILS

Date: 7/23

Time: 10:36pm EST

Sign: Aquarius

Degree: 1'26"

This is an interesting Moon because it is happening only about 1 degree away from where the Grand Conjunction occurred at the end of last year. For those not familiar with the Grand Conjunction, more information on this to the right. This Moon is triggering this massive shift that has been going on and may shed more light on the process thereof.

This Moon in particular suggests that there may be some relationship challenges ensuing. We notice that this Moon is inconjunct Venus. Venus is the planet of relationships, values, and finances while inconjuncts are uncomfortable aspects. There may be some unresolved issues in relationships that can be pressed on during this time. The difficulty here is that it might be hard to pin down what the real issue is in certain relationships so watch out for arguments and tension that miss the real issue.

We also notice that Pluto is opposite Mercury at this Full Moon. This suggests that some secrets could be coming out. There is a strong investigative quality to this energy which could mean that it might be difficult to tell the difference between truly bad intentions and paranoia. Given the involvement of Mercury terms, however, it seems to me that conversations may be going on and that actual secrets may be revealed around this time. This might be a theme in the world at large around this time.

Ancient people viewed Full Moons as a time of releasing (and New Moons as a time of manifesting). Therefore, if there are such tensions in relationships or things that need to be said, revealed, or discussed, allow yourself to do this freely. Let the truth come out and release any attachments you might have had to what you thought was true before. Also be willing to release your own truth and be honest with people during this time. This releasing energy in general can allow us to highlight our true path which can allow us to move towards that more easily.

The Grand Conjunction occurred at the end of last year on December 21st, 2020. These are conjunctions that occur about every 20 years between Jupiter and Saturn who meet up in the sky at this time. The end of last year was an especially important conjunction because it is starting a new 200 year cycle of these conjunctions happening in a new element.

Over the last 200 years, these conjunctions have been primarily happening in the Earth element and during this time we have seen the rise of corporations, economic growth, and mass production. These conjunctions are now happening in Air signs for the next 200 years, starting with Aquarius for the next 20 years. The last time we had Air sign conjunctions was during the end of the Dark Ages! (around the 1100s - 1345) This time was a Golden Age in many parts of the world. Education became more available to people, feudalism ended, and lands that were separated joined together (England). Africa experienced one of its best times in history during this age and China invented paper money. I find the paper money part to be especially interesting as China has just recently developed the digital Yuan which may suggest that digital currency will be the way of the future.

This also suggests that over the next 200 years, and even the next 20 years, we will see advancements in these areas. The next 20 years will likely see increased success in Aquarius associated fields such as technology, space exploration (including aliens), medical advancements, alternative healing practices, Astrology (yay!), and humanitarian efforts.

On a personal level, where Aquarius ends up in your chart is a sign of massive changes and transformations over the next 20 years. These areas of life may experience a bit of a "back and forth" in the beginning of this cycle as the "chaff is cut". Anything in this area that is holding you back will start to fade away as new opportunities and advancements begin to take hold. Check the house that Aquarius rules in your chart to understand the area of life this may be happening in, OR book with an Astrologer for a reading on how to navigate and make use of these energies!

21

VENUS ENTERS VIRGO

(until 8/16)

Venus is not at home in Virgo as she is considered to be at it's "fall" here. Virgo is known to be a bit critical (for at least aware of faults) and this can cause many of us to feel a bit insecure while Venus visits this sign. Watch out for being too hard on yourself or others during this time. That being said, this could be a good time to tweak and perfect projects you've been working on. This is especially true for projects related to design or fashion.

MOON ENTERS CAPRICORN

(6:37pm)

Capricorn is a bit of a serious sign for the Moon to be in and is considered a more difficult placement. This energy can have some of us being a bit more negative and serious as a result. Use this energy to work towards a higher goal, which Capricorn energy is great for, rather than getting lost in negativity.

22

VENUS OPPOSITE JUPITER

(Active 1-2 days before and after)

Venus and Jupiter can both be known to like partying so these two together can emphasize that in our lives. Many of us may be pursuing pleasure seeking activities during this time. Watch out for being too extravagant as this energy can be associated with overindulgence and overspending. Save bigger purchases for a few days because you may regret what you purchase at this time. This is a good energy to use towards feeling uplifted and optimistic, however. You may be able to receive support of some kind from others so meeting up with friends or contacts is still favored here.

SUN ENTERS LEO

(until 8/22)

Happy birthday LEO! Our focus as a collective may shift towards enjoying ourselves, expressing ourselves, and just having fun. Many of us will be trying to enjoy the last part of Summer as much as possible.

23

MOON ENTERS AQUARIUS

(8:13pm)

FULL MOON IN AQUARIUS

(10:36pm)

Interpretation on previous page.

24

MERCURY TRINE NEPTUNE

(Active 1-2 days before and after)

Mercury is the messenger and Neptune connects us to other worlds so you can imagine how this energy can open our minds. This is a great time for any spiritual work or working with the other side. It is also a good time for any creative work such as visual arts, photography, poetry, and other similar pursuits. Be sure to take some time today to journal and connect with your highest self.

25

MERCURY OPPOSITE PLUTO

(Affects 1-2 days before and after)

This is an interesting follow up energy for our messenger Mercury as Pluto can bring an obsessive and intense quality to it. Mercury likes to move quickly and is light on his feet but Pluto is deep and dark (he is associated with Hades, after all). Because of this, many of us may be extra suspicious of others during this time. Try to go easy on those around you as you might find yourself being a bit more paranoid. That being said, this can also mean that some information may come to the surface that is actually true. With the ongoing Neptune influences, however, it might be hard to determine what is true and what is not. On a positive note, Pluto offers skills of investigation so use your sleuth abilities to get to the bottom of things.

MOON ENTERS PISES

(11:30pm)

This is an emotionally fluid sign so many of us will feel quite sensitive to things around us. Watch out for water retention or difficulties with hormones, sleeping, or feet. Some of us

will feel very drained during this time while others will want to do something creative. This is a good time to enjoy some good music or emotional movies.

26

MERCURY GOES INVISIBLE

(until 10/17)

As mentioned earlier, Mercury is the planet of communication. It is interesting that he is going invisible right after the intense contact with Pluto. Mercury going invisible means that you cannot see it in the sky with your naked eye because he is too close to the Sun. This can make certain matters more confusing or difficult to get off the ground. This is a more difficult time to start new business projects or complete tasks involving commerce or sales. There can also be miscommunication associated with this (especially secretive information). This will especially affect major Gemini and Virgo placements who may feel held back during this time. That being said, this is a great time to be more introspective and reach some unusual epiphanies and understandings.

27

MERCURY IN LEO

(until 8/11)

We may be more expressive during this time but watch out for conversations becoming too self focused at times. Remember to think of others and what they may be going through. That being said, this is great energy for making speeches or doing any expressive work like writing. Leo is also associated with the entertainment field and performances so feel free to embrace these topics during this transit! This is also a good energy to have fun with others so try to meet up with friends.

28

MOON ENTERS ARIES

(5:58am)

Aries is the first sign of the zodiac and, thus, has the energy of rushing forward. This is why this sign is so great at competition and advocating,

not being afraid to jump into the fray. The Moon transiting into this sign can have many of us emotionally agitated and rushed so watch out for that. That being said, this Moon is in a positive aspect to the Sun which suggests that this will be a happy time overall where many are active.

JUPITER RE-ENTERS AQUARIUS

(until 12/28)

Interpretation on next page

29

MARS OPPOSITE JUPITER

(Affects 2-3 days before and after)

People will likely be more competitive during this time. It's great to feel and embrace your ambitious side but avoid taking too many risks during this time.

MARS ENTERS VIRGO

(until 9/14)

Mars doesn't like being in Virgo much as he is a warrior who wants to blaze ahead while Virgo wants to perfect, improve, and heal. The warrior needs to understand that sometimes you do need to work on your form or heal your battle scars. We might be more inclined to be critical and mean to others during this time but, if that's the case, know that it's likely coming from a place of feeling uncomfortable with something that needs to be healed. This could be routine related and this is actually a great time to start a new diet or exercise program.

MOON ENTERS TAURUS

(4:08pm)

While the Moon is in Taurus, we may be concerned about our security and having what we need. Spend some time in a comfortable environment and enjoy some good food (but watch out for overeating!)

31

LAST QUARTER MOON IN TAURUS

(9:15am)

Similar to the Last Quarter Moon on the 1st, Last Quarter Moons represent points of tension. This is because at every Quarter Moon (both first and last quarter), the Moon is in what's called a "square" to the Sun. Simply put, squares represent tension and possibly conflict. Last Quarter Moons were thought by ancient people to represent psychological blockages and inner tension.

Since this Moon is in Taurus, this tension may be about our feelings of stability and getting what we deserve. We can see that there are a few other planets involved in a larger Square aspect here, which can suggest arguments amongst people. These arguments may be rooted in feeling like we aren't getting what we deserve or concern about not getting what we need. This is a bit of an unstable energy so try to be patient with yourself and others. Ask yourself if these battles are really worth it. It could be that that which is being challenged isn't actually what you need but is what you want instead.

CERES ENTERS GEMINI

(until 12/21)

Ceres is an asteroid that represents how we feed and nurture ourselves and others. This suggests that, going forward, we may need to be able to talk about things and share information as a society in order to feel cared for.

BREAKDOWN /

JUPITER RE-ENTERS AQUARIUS



Aquarius is about the community and the general populace. It is about the larger picture and how we are all a part of a "network" together. Jupiter was already in the sign of Aquarius recently, from 12/19/2020 until 5/13 when he entered Pisces. This means that we may relive some themes that we experienced early on this year. This will likely be in a positive way as Jupiter brings positive results (usually). Jupiter is the planet of luck and expansion so good experiences you had early on this year should return from about now until 12/28. This is especially good for Air sign placements (Aquarius, Gemini, and Libra) whether that is Sun, Moon, or Rising (especially Rising).

On a broader level, this will bring more of a voice to "the people". We may recall that there were some interesting events around February when people "fought back" in the economy by buying and holding stocks. We may experience something similar to this during the time that Jupiter is visiting Aquarius again. This favors all endeavors regarding the internet, networking, invention, humanitarianism, and fighting for equal rights for all.

This will bring the following benefits to the signs in the following ways (Rising especially but also Sun and Moon placements).

ARIES

Increased networking. May find support from a benefactor. Good time to be online or meeting new people. Your popularity will increase.

TAURUS

Career. This could bring new opportunities back to you. You might have felt your career opportunities tighten up a bit since May but this should lay off until the end of the year. Take advantage of career opportunities at the end of this year and put yourself out there.

GEMINI

Travel, education, and philosophy. You may be taking some fun trips at the end of this year, or you should at least try to! This is also a good time for you to further education or similar goals.

CANCER

Intimacy and depths. This is an intense energy but Jupiter will be helpful here for

you. Since May, you might have felt more lonely or may have had a harder time getting support (like loans for example). This energy will lay off with Jupiter entering Aquarius as you should now be able to apply for financial aid and connect more deeply with others as well. Some relationships could get more serious or committed somehow.

LEO

Relationships! This is an awesome energy for you to further partnerships. Since May, it might have been a bit more difficult to further certain relationships but this should lay off now. You may start a new relationship between August and December (whether professional or personal).

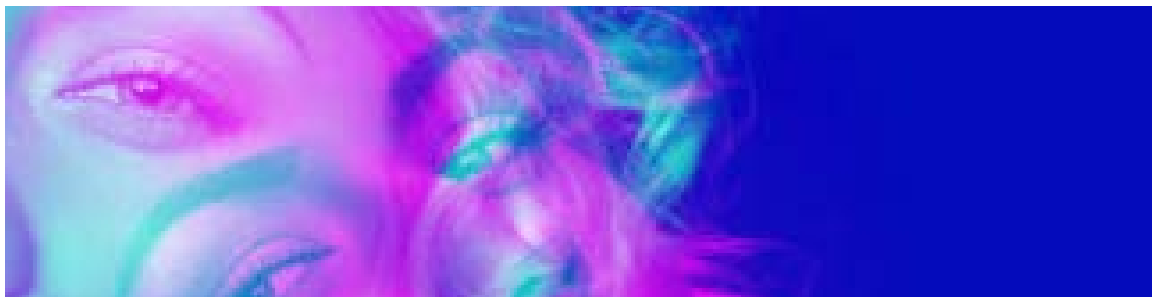
VIRGO

Work life. You may take on new clients during this time or find yourself very busy. Make sure

BREAKDOWN /

JUPITER RE-ENTERS

AQUARIUS



you pace yourself and be choosy about the contracts or opportunities you take on because there will be a lot coming your way. Since May, you might have felt things drop off in this area but this will change between August and September. This energy is also associated with health matters so if you have been experiencing any difficulties there then you should be able to work through them more easily between August and December. (whether professional or personal).

LIBRA

Romance, children, and FUN! You might have felt some restrictions in these areas since May but this will let off from August - December. This is a good time for you to try and get pregnant, if that is something you want to do. It is also a good time to go on dates and

meet new people as well. You will find yourself having a lot more FUN during the last half of this year!

SCORPIO

Family, home, and roots. You may find yourself getting a new home during this time or improving the home you're in. You may also expand your family in some way during this time. This could be a variety of things like getting a new pet up to new family members! Either way, your home life will improve.

SAGITTARIUS

Communication and short term travel. You may find yourself talking to a lot of people between the end of July into December. You may be taking a class, teaching one, or at least learning something new! This is a great networking time for you, especially in your local communities. You may be taking some short trips as well.

CAPRICORN

Money and Values. You might have felt your earning potential tighten up since May but this should change with Jupiter coming back into Aquarius. You may think of some new ways to make money or be offered some new money making opportunities. The important thing to remember about this energy is that it's about VALUES. Perhaps one of the ways you increase your income is by redefining these values. Perhaps some expenses are not worth it, or perhaps you're not charging enough for your services for example.

AQUARIUS

This is happening in your sign so this is a great opportunity for you to step into some leadership roles! You are front and center here! You will find more success by being YOU and putting your face out there during this time. Avoid any in-

secure feelings and embrace showcasing yourself more.

PISCES

Spirituality and introspection. This is the energy associated with the other side, which you may already be well acquainted with as a Pisces. Pisces can sometimes think of themselves as just fantasizing a lot or "escaping" to other worlds in various ways. But perhaps these are not just fantasies. Pisces is the sign most in touch with other realities and Jupiter being here may heighten that. Your psychic abilities will be at an all time high so try not to take things too hard and escape for the rest of this year. You might be more introspective and need time alone more than usual but use this energy to deepen your spirituality and avoid loneliness. (professional or personal).

MORE INFO / MINDING JUPITER'S BIG BUSINESS

— Dominique Moore

Jupiter, also referred to as the “Greater Benefic”, is seen to have a sanguine, outgoing, and serendipitous nature that points to hidden treasures. These developmental lessons bring about wisdom and enlightenment regarding matters related to Jupiter’s house placement.

Jupiter is the planet of expansion and growth, but most importantly, its placement in the chart speaks to how we relate to concepts and ideas on a broad spectrum. It’s mission is all about developing the superconscious mind. This is why we look to Jupiter to find opportunities for growth, abundance, and prosperity.

Jupiter takes roughly around 1 year to travel through each sign and about 11.86 years or 12 years to complete its orbit through the entire Zodiac. These cycles require different things from us in the process of individuation and in the maturation process of life.

Jupiter will spend almost 3 months in Pisces before it retrogrades into Aquarius at the end of July. Then it will turn direct in October and re-enter Pisces in December. Retrograde periods are times for internal reflection and introspection. Consider this time a course correction and do-over period of intellectual development. Jupiter retrogrades are a time to see a broader picture and make necessary changes in the structure of relating to things on a



universal level. It's an opportunity to attain a level of superconsciousness to evolve into a higher version of yourself.

This shift of energy from direct to retrograde is a call to make adjustments in the belief systems that you have been operating under that have been keeping you from reaching your potential.

During Jupiter's recent dip into Pisces, you may have noticed an internal need to do away with rose-colored concepts that no longer hold the same amount of weight as they did in the past. As the co-ruler of Pisces, Jupiter's mission is to transcend the boundaries of the mind through compassion and service. During this 28 day retro-transit through Pisces, interests in spiritual, artistic, and higher educational pursuits are desired. Most importantly, interest in ways you can creatively help other people improve. As well as exploring new grounds and endeavors beyond your limitations. At the end of July when Jupiters moves into Aquarius, this expansive, open-minded attitude towards spirituality and foreign people, places, and thought forms that were introduced in the middle of May, are now being invited to be readdressed, reassessed, realigned, or released during this retrograde period. Jupiter in Aquarius is full of surprises that can propel you in a new direction of associations that improve your circumstances or change them altogether. Either way, Jupiter's business is definitely about growth and making solid connections with affiliations outside of your normal comfort zone. This can be expressed via the internet, in groups, or something out of the blue.

Jupiter placements and transits indicate a need to develop another dimension of yourself. To determine how this energy affects you on a more personal level, locate where this opportunity for growth is taking place in your chart by noting the current position of Jupiter by sign and degree, then find it in your



ABOUT DOMINIQUE

Dominique Moore is a Mom, Superstar, and Astrologer.

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chart. If you don't already have a natal chart, check out my pictorial of how to get a free natal chart here. <https://www.mysticaltransformations.com/blog/free-astro-natal-chart-how-to>

Situations are more clear during retrograde movement so make the most of this time by trusting your dreams and intuition and actually doing the work.

Pease and abundance.

PREDICTIONS / TAROT FORECAST FOR JULY, 2021

— Jay Chant

+ Short Spell Aid

INGREDIENTS

One white candle, salt(Purification), cloves(protection), and cinnamon(clearing)

INSTRUCTIONS

Cleanse all your ingredients with intention or a prayer, surround your candles with the salt, clove, and cinnamon with the intention to remove blockages and the enemies known and unknown and to open to roads to unconditional blessings to the harm of none. Pay attention and watch the flames and meditate upon it, fire represents clearing away and also vitality. The theme of Summer is purification and vigor.





The month of July was named after Julius Caesar, a Roman general who rose to power, prestige, and assassination tied to betrayal. Within the visions of the cards, I am seeing to be aware of obstacles that stand in our way to our bigger blessing, these obstacles will present themselves in the form of people. There is a momentum of a grand blessing coming forth into fruition, it will be a memorable one worthy of passing down to future generations, but like Julius Caesar had hidden enemies all around, it is best during these times to stay alert, keep your eyes on the prize, protect yourself from the evil eye to avoid falling into the traps of our enemies.

The Justice card is appearing within this reading as setting a reminder to give yourself your own justice, that blessings can be created at our own hands and our best life is our birthright. With the King of Swords, these blessings are dropping from

the heavens above, there's signs all around us within this month of July, but we have to be extra alert to be guided towards these right blessings because I am also seeing that, as a collective, there's a prowl for opportunity, desires, and love. They are showing me feathers as one of the signs the collective may be seeing. It is also now a time to test our own inner-strengths and take leadership in getting it as what we may desire. Show to yourself who you are and what you can achieve.

The Tower card represents the chapters of breaking apart, feeling like the foundations are crumbling, but this card also represents fate. Within this month you will see things that weren't meant to be in your life leave it. You can avoid many tower moments if you keep your heads up and surrender to the flow of life knowing that although, all around, you may see it crumbling, there's going to be much better coming in the future.

WHAT I'M FEARING

"The greater the storm .. the more glorious the reveal of the sun"

WHAT I'M FEELING

Relief, Relaxation, tender love, and a hug

WHAT I'M SEEING

Cloudy skies opening revealing heaven and this time it rains once more but the tears are from the angels and your loved ones because they will always celebrate you. From their fallen heavenly tears, a rainfall of blessings shall drape you, and that storm from earlier was symbolic of what was soon to come.

Six of Cups represents receiving help and support, but as the beginning of the reading states, be aware of the people you're surrounded by. There are people who aren't on the same page as you. I'm hearing, "Never take candy from a stranger", but follow the signs and you will be guided to the right people that are authentic.

Finally the 10 of coins is showing me harmony and making your family and even the ancestors proud, whatever lesson or battle you had to go through within this month, just know the strength and moving forward chapters are going to be glorious and your family both future and past, they celebrate you.



by **Jay Chant**
[CLICK HERE](#) to get a reading from Jay

PREDICTIONS / THIS MONTH IN ASTROLOGY

— Serena Itani



“So I invite you this month to listen more, but this time to yourselves”.



Tapping into the energies of July, a recurring theme I keep seeing is self expression and speaking our truth. A lot of times we think that we are indeed speaking our truth because we all want to believe that we are honest people, and most of the time we are. But if you are holding back from saying something to avoid conflict, a clash, or to maintain some level of harmony, then this could indicate that you're not fully speaking your truth. You're not being actively dishonest, but you are not fully honouring your voice. Because you should be at a position where you are free to express your truth and essence without having to worry too much about the consequences. And if you speaking your truth is going to result in some sort of clash, then there must be an imbalance between your frequency and the frequency of the person listening to you. Because people who are vibrating on the same wavelength as you also know the value of free expression and they will always allow you to express yourself without dramatic outbursts or

reactions, or without judging you.

So I invite you this month to listen more, but this time to yourselves. Listen to yourself when you are talking and during conversations and try to really figure out if you are being able to self-express or if you're just navigating your way throughout the discussion. This will also help you identify whether the people listening to you are your right audience.

Another thing I would like to encourage you to do this month is engage in artistic endeavors. The arts are going to be a wonderful channel this month to self express, because Mars and Venus in Leo are creating so many artistic channels for us to dive into. This is your chance to have a lot of fun with anything artistic you do, and it's an amazing opportunity to explore any hidden art talents that you might have

or that you might have brought with you. Art is very forgiving. There is no right or wrong in art. There is no judgement in art. The sky's the limit. It's an amazing way to practice self expression.

Another great thing to do this month is work with children, if that's accessible to you. Try to surround yourself with kids, or perhaps do some children related charity work. Kids are great for reminding us how to be free and limitless with our self expression.

On a similar note, Mercury finally went direct again and is moving towards Cancer. And here I would like to bring your attention to the nurturing words we say to ourselves. I was reading earlier about Dana Johnson who was diagnosed with a chronic illness called Lou Gehrig's disease that left her in a wheelchair unable to move any of her limbs nor control her body. After undergoing many tests the doctors told her that her disease did not have any cure. So she decided to show her body some love her own way, and she sat in front of a mirror every day for 15 minutes talking to a different part of her body each day with loving and reassuring words, and she was able to 'unfreeze' her body parts and heal herself. The power of our words is infinite, and that's why especially this month, being very mindful of the words we nurture ourselves with can prove to be very rewarding. Also it's a great opportunity to be conscious of the words we say to others, that can in turn affect us. For instance, picture yourself with your lover and you are romancing each other and you say to them, "I can't live without you" or



“what would I do without you”; these sweet nothings can sound cute and romantic at first, but think of the underlying message you are sending yourself meanwhile when you say these words out loud. Are you empowering yourself and allowing your soul to fully own its journey towards its ultimate truth? This is a great month to find out.

Moving on with the Psychological Astro energies that will present themselves this month, I would like to quote Carl Jung when he said “until you make the unconscious conscious, it will direct your life and you will call it fate”. Subconscious and spirituality go hand in hand in fact. You will not really be able to fully tap into your spiritual powers or fully manifest unless you have cleared subconscious blockages. This is why we find both themes (the subconscious and spiritualism) in the same house, the 12th house. The dynamics of Mercury and Neptune is quite telling when it comes to psychology or mental health in the chart. Not surprisingly, they both also represent connection with spirit and the collective. Mercury in Gemini, Neptune in Pisces, and Vesta in Virgo (the current planetary placements) are all speaking to the mental health, obsessions, stress, fixations, and self-victimizing themes we might come face to face with during the month of July.

The square in astrology is a 90° angle and it usually refers to the internal psychological battles we have with ourselves. Science recently proved that our body's response to stress lasts 90 seconds, and after 90 seconds, we either start the cycle again, or we manage

to stop it. And so again we see the symbolism and the law of simultaneity in the algorithms of this realm we live in.. When we define stress in science, we say that it is exerting more pressure on something than it can handle. When we translate this into our human psyche, we can say that some of the real factors that cause us stress are the feeling of uncertainty or the feeling of loss of control. Right now the sextile between Mercury and Hygeia is allowing us the opportunity to understand these underlying factors of our stress and solve them before they become chronic stress which can turn into more serious health conditions (especially since Hygeia is currently in Leo which represents our heart).

If you find yourself going through a stress attack these coming days I invite you firstly to stop and breathe for the full 90 seconds in order to stop this attack from becoming a 2nd wave. Afterwards try to reflect on the why. Do not focus on the situation, but rather ask yourself this: Why is loss of control so stressful to me? Why does uncertainty scare me so much? Because if you don't solve the root of these insecurities, they will always find you in other scenarios and other people, no matter where you go in the world. So these are some of the questions that might actually lead you to the source.

Iwould like to end this month's insight with something that I always say. I always say that we astrologers are not here to give you the right answers; We are here to teach you to ask the right questions. Because this is the only way you can ultimately and totally be free and independent.



by **Serena Itani**
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There are few things as mysterious as the Moon's nodes in astrology. Because they exist as imaginary points in space - formed by the Moon's orbit around the earth intersecting with the Earth's path around the Sun - it can be hard to wrap our minds around such an abstract concept.

The nodes in astrology are directly linked to our past and future Karmic debts to be fulfilled. They represent our potential and kinetic energies as it relates to the work we need to do in this current lifetime. It is our potential because it shows us the areas in which we need to grow and it is kinetic because it shows us the direction in which we need to move.

The North Node in Gemini is a unique position because it directly relates to our ability to communicate our thoughts, ideas and intentions. The mind is the focus of this North Node placement, specifically the mind's ability to express itself. The Nodal Gemini can be very loquacious and even quite relentless with their need to share their viewpoints with others in an attempt to show how much they've learned. This can quickly become overbearing on the people they engage with, causing them to retreat from the conversation or even withdraw entirely. This one directional dialogue may leave North Node in Gemini people feeling unfulfilled because they have occupied much of the conversation and they don't get the reciprocity they need. In previous lifetimes, people with a North Node in Gemini placement have suffered isolation from being overly dogmatic in their pursuit of knowledge and truth. Now in this lifetime, they have the urge to share with anyone with which they come into contact.

In past lifetimes, Nodal Gemini's have been hyper focused to the point where their views of the world have been so myopic, they operated with blinders on. This overzealous blind faith caused them to miss out on much of the joy life

MORE INFO / NORTH NODE IN GEMINI

— Omar Senior

had to offer. This is the reason why now, in the current lifetime, North Node in Gemini people have a need to experience as much of life as they can, oftentimes, to their own detriment. The phrase "Jack of all trades but master of none" plays especially true for these people. The goal in this lifetime is to break free from the polarity of any one particular viewpoint. They oscillate between extremes as if to prove they can be anything, if they put their minds to it. And this is true, Nodal Geminis have a vast amount of mental agility to accomplish anything they would like. The trouble is, they have a hard time pinning down what that thing might be - as if they remember the pain of being stuck in a single mindset in a previous lifetime.

With this North Node placement, the answer lies within their ability to relate to those closest to them. For Nodal Geminis, there is a yearning for human interaction, intellectual discourse, and the pursuit of truth with the help of others. There is an even more important need to establish deeper connections with people and not just engage in superficial conversations that only scratch the surface. North Node in Gemini people must not run back into their comfort zone of seclusion and isolation, as these are the tendencies of the previous lifetime in which they found themselves within their own echo chamber. It is through the sharing of ideas where they feel the most fulfilled in their pursuit of unlocking their potential.

The path forward for this North Node placement in Gemini is to open the mind to the ideas and viewpoints of those around them. Nodal Geminis must understand



that the pursuit of truth and learning doesn't always have to come from isolation and self study. It is through the exchange of different viewpoints with others where they will form the strongest bonds. This allows them to understand that through humility they can open their minds up to being receptive and not so dogmatic in their approach to learning. They must ask questions of others, be curious of the people around them, and be open to the possibility that learning comes in all forms. In this lifetime the goal is to understand that communication is like a tide, it must ebb and flow, they must give and take, they must not just impose their ideas on others, instead, they must allow people to share with them as well.



by **Omar Senior**
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MORE INFO /

CONNECTING WITH YOUR ANCESTORS

— Tae Soleil

Astrology There's many ways to connect ancestrally using your chart. These few ways can actually bring you closer to understanding ancestral trauma that comes with it as well. When you're making it a focal point to understand where you and your relation to your ancestors, you may want to take a look at a few things:

- 1 **SATURN**
- 2 **THE 4TH HOUSE**
- 3 **D40 CHART (MATERNAL)**
- 4 **D45 CHART (PATERNAL)**
- 5 **KETU**

"YOUR CHART CAME TO BE BECAUSE of you being birthed from a womb. Because of this womb birthing that comes from your mother or parent, there is lineage there, an imprint of this parent's culmination and manifestation to make who you are in the first place."

These aspects actually help you determine a few things. First off, Saturn is an elder. It brings upon lessons, but did you know that those blockages are actually coming from some things your ancestors already experienced? This is the "been there, done that" planet that already knows the pain you're going through? Why so? Because pain and trauma, which is Saturnian in nature, is carried this way. To understand this we must understand what is a natal chart in the first place.

Your chart came to be because of being birthed from a womb. Because of this womb birthing that comes from your mother or parent, there is lineage there, an imprint of this parents cumulation and manifestation to make who you are in the first place. When you understand this, you'll start to understand that your birth chart is merely a piece of that very parent and their own manifestation of their own energy, transferred into you. I got this piece of inspiration awhile back from someone on tumblr talking about how our charts are how our parents felt about our birth and what they were experiencing. This information helps us understand not only ourselves, but them.

So, why can't we understand our ancestors through this very system? Saturn is also ruled by time where with wisdom, should come time. Timelines aren't as straightforward as you may think. This is why Saturn does so well in

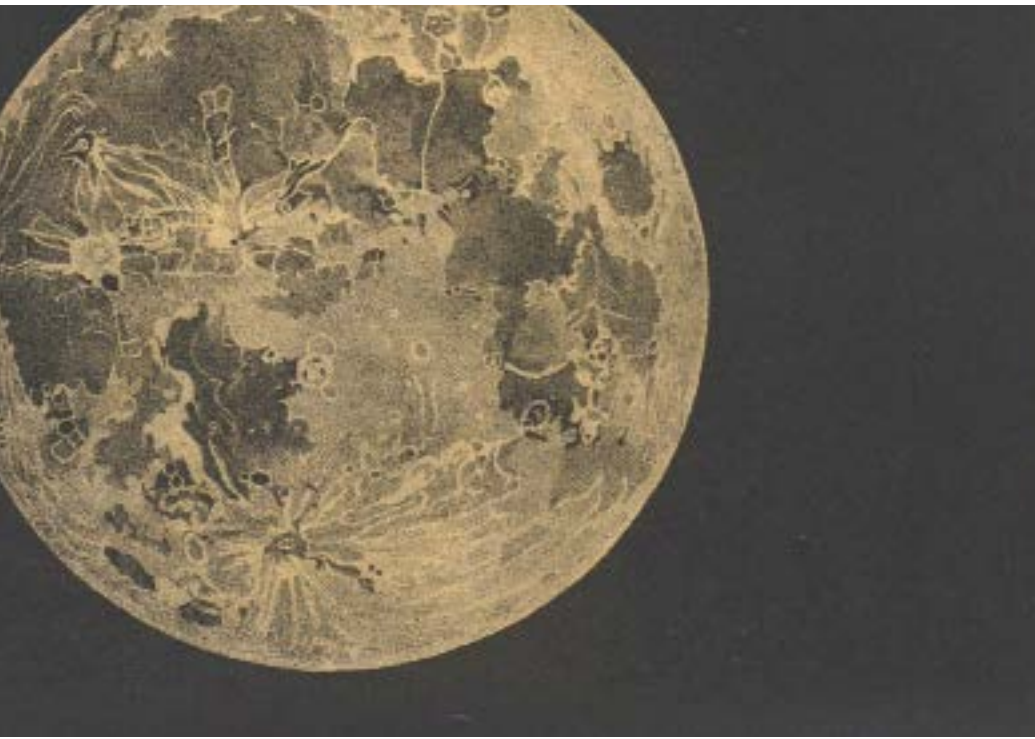


the 12H, because of the ability to understand how much time (Saturn) can be an illusion (12H). This is also why your past, current, and future life are all happening at the same time, and why you are your ancestors, and how they live within you. When you reminisce about trauma from the past it's as if you're living it in your present moment because of that timelines overlapping.

This leads me to the 4H, which is ancestral in nature due to this house representing family. When you're thinking about family life, think about your family and how you were brought up. This is a part of your lineage, good or bad. The good are Ancestral strengths, the bad are Ancestral curses you need to undo. To find this, you must check out the

duality of the sign of your placement, and also the ruler of that house (ex. Aries = Mars) to find out what this means. The 4H is the lowest part of our chart. In a sense, our lower selves give way to the sensitivities about life, and are an accumulation of what our ancestors went through emotionally, unchecked. The bottom half of the chart is the Du'uat place, where this is the afterlife in Egyptian mythology.

Ketu is where you'll find out what your ancestors can teach you. Ketu ruled Nakshatras are found in Fire ruled placements and are represented by troupes of the ancestors. This can also show why in order to keep the ancestors lively with power, we give them alcohol. This also can show why burning ancestor money helps them receive income. For



"MAGHA IS REPRESENTED BY

Pitris, which represents ancestors. It's a metaphor for how ancestors never die, they're old and experienced, and continue to live without a body, but also lives within us as beings, as bodies."

more about this, my Ancestor Money article is on Taisoleil.com

Ketu is represented by these Nakshatras as I've written in my "All About Ketu" article on Taisoleil.com as well.

Ashwini is represented by the Kumars, which actually extends an olive branch to people who need help. The best thing about this is that they are very wise, and are healers. They restore people from the dead and have brought someone back from the dead ancestors. Again, having experience with medicine that can help people. Ketu has a power to heal very well, because of lessons learned through many lifetimes to do so. Ashwini is Aries energy in which being a physician (physical) is a part of them. They also slay darkness, as Aries represents fire.

Magha is represented by Pitris, which represents ancestors. It's a metaphor for how ancestors never die, they're old and experienced, and continue to live without a body, but also lives within us as beings, as bodies.

Mula is the energy in which is represented by Nirrti, which is cosmic disorder and sacrifices. This cosmic disorder comes from the fact that Ketu is the only one who knows how to solve this with the older and knowing nature and is the older (Ketu energy) sister of Lakshmi,



"THE D40 CHART EXPLAINS

your maternal lineage... (while) the D45 chart explains your Paternal lineage... These are good for mapping out what generational curses your family is dealing with and how to heal them."

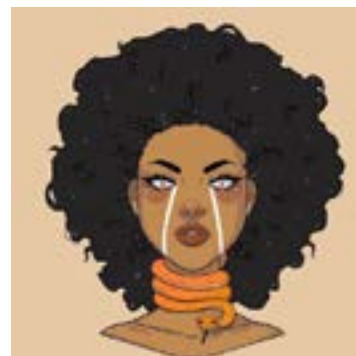


which is one of fortune. Nirrti is the energy one must go through hardship in order to experience the lessons.

Your D40 chart explains your Maternal lineage. This chart can be found two ways, by finding your divisional charts on the Cosmic Insights app, or by using the Harmonic Charts plugin on Astro.com. Either way works but Astro won't give you the Nakshatras, which is pretty key in Vedic Divisional Charts. You want to use this chart to find out about the women in your family that are alive or deceased on your Mothers side. Your D45 chart explains your Paternal lineage. You want to use this chart to find out about the men in your family that are alive or deceased on your Father's side. These are good for mapping out what generational

curses your family is dealing with and how to heal them. Instead of just using your 4H which maps out a small piece of relativity, you can use the D40 and D45 chart for deeper insight. If you don't know your momma or your daddy this can still be used to figure out how to put the missing pieces together.

Hope y'all enjoyed and Happy Juneteenth



by **Tai Soleil**

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“KNOW YOUR **LIFE PATH**, KNOW YOUR WORTH”.

— Larissa Martincic



Numerology has been around for thousands of years, and it is basically the study or belief in the relationship between numbers and one or more incidents in your life. There are many significant numbers that identify certain traits, but none are more important than your life path number. It's a simple algorithm of your birth date and year but it reveals your greater purpose. Do you wish you could have a blueprint of your future? Maybe a little direction in terms of the bigger decisions in life; buying a home, changing careers, starting your own business or the most popular questions from my clients which revolve around money.

I have been an intuitive numerologist for as long as I can remember, and I am still amazed every day working with clients when they contact me months later to tell me their reading was spot-on. I am simply the conduit of all that life has intended.

Every year we go to our physician for a physical where they do a complete work-up on our bodies. Imagine having the insight of your strengths, weaknesses, talents and ambitions. With this knowledge, you can properly navigate the right career path and even securing relationships you seek. That is what our life path numbers dictate.

What's your life path number? Say your birthday is 5/10/1980.

$5+1+0+1+9+8+0 = 24$

$2+4 = 6$

You are a life path number 6.

01

LIFE PATH 1 is the independent original thinkers of the world and natural born leaders. Achievement is your middle name as long as it's your vision. Money is a natural result of your inner drive & desire to succeed as long as it's what the One wants. When the one struggles with money is when they feel defeated, stuck and uninspired. When the one settles because they don't believe in their worth.

02

LIFE PATH 2 is the cooperative peace maker of the world. The two is the most supportive energy of the group and is always looking for a peaceful solution to all areas of their lives. They are the least money driven number but make the perfect partner for someone who is. A two is hard-working and extremely reliable making them excellent team players in any position. Be aware that a two is extremely sensitivity and can take on others' problems as their own. If a two cannot keep their sensitive nature under control they pull away making them not productive.

03

LIFE PATH 3 is the expressive and creative communicator. No matter what the 3 does they will have fun doing it and probably charm the pants off of you. When a 3 understands their creative genius and value they will find success with their creative talents. A 3 must focus on what they live and do best and leave the rest to someone else. A 3 might give up on their creative talents because they fear they won't make a good living doing what they love but that is the true test: do they choose to further their creative abilities or do they do what society has led them to believe is success.

04

LIFE PATH 4 is the dedicated worker of the world and they came here to work and build a future. Money is not the true definition of success for a four. Of course, they like money but they like creating a stable and secure foundation for themselves and loved ones more. It's all about dependability and stability for the fours. The concern here is to be careful you don't work too hard and not enjoy your life. A four must learn that money isn't just for making but for spending and creating wonderful experiences with those they love.

05

LIFE PATH 5 is the freedom loving adventurer of the world. They are born a salesperson and entrepreneur is their middle name. They love money and money loves them because they're all about the experiences money can provide. That being said, a 5 can struggle with self-worth. They may tend to not go for promotions or their dream job for fear they won't be good enough. The 5 has to learn that they are capable of making as much money as they desire.

06

LIFE PATH 6 is the responsible caregiver. They were born for business and leadership. Being the boss comes naturally to them as they have the ability to nurture all those around them. They see the big picture but they struggle with it all being perfect. They attract wealth and love by providing a beautiful home to their families. The goal of achieving financial wealth is enough and their efforts don't have to be perfect. The feeling that they can never do enough can stop them from moving forward and going after your dreams.

07

LIFE PATH 7 is the truth seeker of the world. Set your sights on any career that allows you to uncover the truth, seek information, collect data, or analyze anything. They will be very successful if they are in a career that lets them go deep and beyond what others can do. Money really isn't their main focus, but they will be paid well if they're the one asking the questions. They must master your tendency to procrastinate and learn to care a bit more about their financial well-being.

08

LIFE PATH 8 is the business minded CEO. This is the number of money, money, and more money. They love working with money and playing with money as they tend to be around it a lot. Any career that lets them deal with money, investments, and leadership is all for them. However, since they are the money number that means they can actually have money problems as well. They are either going to be very wealthy or have no wealth at all if you don't develop a good relationship with money. If they work on their money mindset, and remember to give back along the way, they will be successful.

09

LIFE PATH 9 is a compassionate humanitarian. They are a natural born giver and will see the good in others. They like to support those who cannot do it for themselves. They must find a career that allows them to work with the masses for the greater good of others. They're here to serve and money will flow to them as long as they allow it into their life. They have to learn that money isn't a bad thing and that it will allow them to help more people. Changing their perspective and embracing wealth will allow you to be the kind and loving caregiver they strive to be.

In conclusion, EVERY LIFE PATH NUMBER can have abundance but knowing your full chart gives you a better overview of your financial potential and the path to choose. As they say, it's all in the numbers.



by **Larissa Martincic**
Intuitive Numerologist
@GoddessGiving

BUILDING A MEDITATION PRACTICE IN FIVE EASY STEPS

— Anna Svetlik De La Rosa



Meditation is an ancient, powerful tool for going beyond the mind's conditioned thought patterns into the realm of pure awareness. The most heartwarming thing about meditation is, when you enter the silent space between the thoughts, you awaken to the field of all possibilities.

Regular meditation is an effective strategy to prevent and treat a wide range of physical and mental health problems, including high blood pressure, chronic headaches and depression. Many people encounter difficulties when trying to build a regular meditation practice, but it's well worth persevering and looking for ways to overcome barriers. The benefits of meditating are wide and varied, and building a regular practice can have a significant impact on all areas of your life. I have included 5 practical steps below to help start your very own meditation journey.

STEP 1: TIME

Time: Lack of time is often cited as the main reason why people don't meditate regularly, but meditation doesn't have to take a long time. Repetition is the key, regardless of the length of your sessions. Meditating for as little as five minutes a day can be enough to make a difference to your health, and will also help to improve your mood, increase concentration levels and boost your memory. Choosing the same time and place for your daily practice will help to

MEDITATION TECHNIQUES

- o Centering
- o Shielding
- o Grounding
- o Deep Breathing

HOW TO GET STARTED

- o Make time, not excuses
- o Practice meditation anytime, anywhere
- o Check in with yourself. See how you are being and what you want to create
- o Clear your mind
- o Foster gratitude
- o Use meditation to set and achieve goals

increase its effectiveness.

STEP 2: THOUGHTS

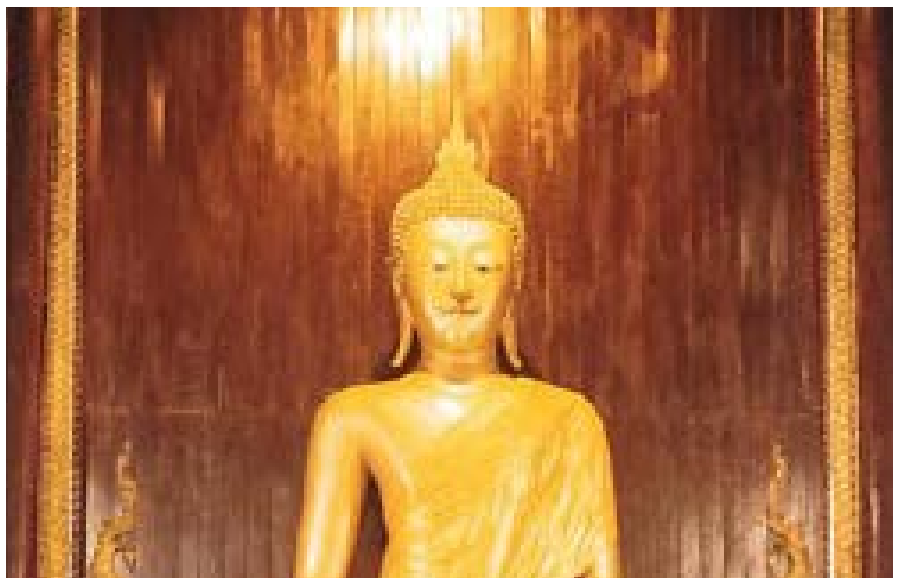
This one was a big one for me to overcome and, with persistence, I was able to conquer the mind chatter. Racing thoughts, persistent worrying and mental chatter are normal, but they can make it difficult to meditate and often lead to frustration. The aim of meditating is not to stop thinking, but to create distance between yourself and your thoughts. Practice noticing, observing and labeling your thoughts, rather than trying to get rid of them.

STEP 3: RESTLESSNESS

It can be difficult to sit or lie down and do nothing for an extended period of time, especially when there are many other things you feel you should be doing. Meanwhile, some people have the opposite problem, and will often fall asleep when they try to meditate. If you find it difficult

STEP-BY-STEP

- o Choose your method of which works best for you
- o Create a space
- o Pick a routine
- o Get comfortable with whatever comfortable means for you
- o Create a routine
- o Make it a habit
- o Wait for the results – don't hurry out of your first attempts too quickly. Give it time. If it gets too intense you can slow down. If you don't see results right away, be patient
- o Practice your breathing techniques even when you are not in your spot and meditating



to sit still or you regularly fall asleep during your practice, one solution may be to try mindfulness meditation. Mindfulness can be practiced while walking or performing routine tasks, such as washing the dishes, sweeping the floor or brushing your teeth.

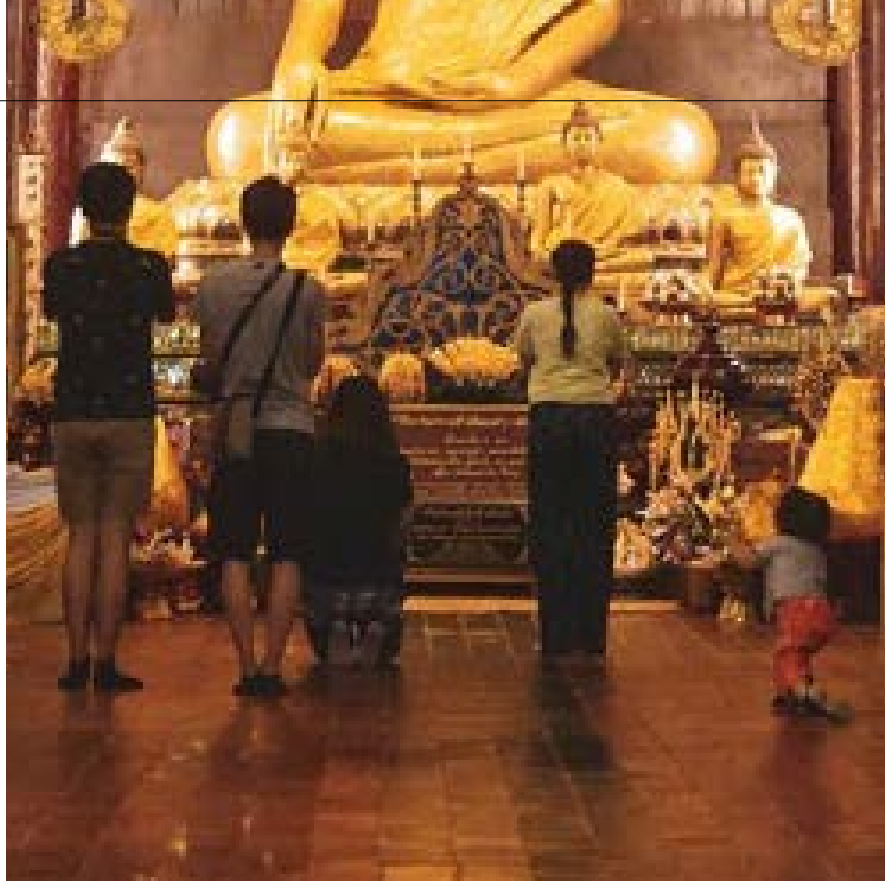
STEP 4: CONCENTRATION

Mindfulness, body scans, and meditations that involve focusing on the breath can be difficult for many people as they require a great deal of concentration. Choosing guided meditations that use visualization, sounds, and other stimuli can help you to focus more easily, particularly if you're new to meditation. Experiment with some of the many free guided meditations available through YouTube and other video sharing platforms as this will enable you to find the right tools to suit your needs.

STEP 5: TECHNIQUE

Some individuals worry that they're not meditating, breathing, or sitting properly throughout their sessions. Taking a course or workshop either online or in your local area can be useful for learning a variety of techniques and will help you to get the most out of your meditations. You will also be able to share your experience and learn from other people with similar interests.

I have learned over the years that building a regular meditation practice brings a whole host of benefits for the body and mind. For example, Lack of time, mental



HOW TO GET STARTED AS A BEGINNER

- o Start Slow
- o Set up a space just for you
- o Be clear with others about your intention to begin meditation practices
- o Create a routine
- o Stand in integrity
- o Get a partner to enjoy meditation with
- o Get an accountability partner to keep you on track
- o Explore the many types of meditation to see which one is right for you

chatter, restlessness, tiredness, poor concentration and lack of experience can all make it difficult to meditate, but there are ways to overcome these barriers and build a regular practice. Just start with 3 minutes a day if that is all the times you have and you will be amazed at the shifts you will experience.

by **Anna Svetlik De La Rosa**

ABOUT ANNA

Founder / Creator of Empowering Women Blog and Community. Her various platforms have become a window into her multi-passionate projects, while her blog "Empowering Women" is an exploration of inspiring interviews with women making a difference around the world.

Anna also wears many hats as a Motivational Speaker, Business owner of De La Rosa Insurance Services, LLC, Success Coach and Meditation Guru. She is the founder of the Meditation and Mindfulness Project, as seen in Mantra Magazine. Anna is the Owner/President of De La Rosa Insurance Services, LLC, which was awarded #1 Medical Insurance Firm for small business in Pearland, TX 2019 & 2020.

SECTION /

FIND YOUR INNER “WHY”

— Jordon Alos

Are you struggling with finding your path? Or, are you struggling with sticking to your path? It is ok if you are. You are not alone. There are so many paths to explore. How do you know if the path you are on is the right one for you? It is a common problem but one that can be overcome, and it is easier than you might think.

Your path is going to be just as unique as you are. There is only one YOU! So, why not walk a path that is entirely tailored to you, your needs, personality, and how you view the world? Sounds great right?

But before you start walking down that path, you need to get clear on your inner “why”. Why is this clarity important? Without this clear clarity on your inner “why”, you will eventually fall off your path. You may find walking it becomes more of a chore, and you eventually will aban-



don't. It will become a drain on you rather than lifting you up. What is the point of walking a path that makes you unhappy? That sounds crazy doesn't it? This is because without getting clear on your "why" you will continue to be out of alignment with your path.

Finding your inner "why" can be done simply by answering these 6 questions, but it must be done honestly, with an open mind, and without self-judgement. Are you ready? Here we go.

QUESTION 1: WHO ARE YOU?

Seems like a silly question doesn't it? Not the you that everybody gets to see. The REAL YOU when nobody is looking. Who is the real [insert your name]? Knowing your true self will shed light and illuminate many areas of your life, not just your path.

QUESTION 2: WHAT DO YOU WANT?

Take your time with this one. It is harder than you might think. You may think you know what you want, but most of the time it is not what you actually really want. Think of the one thing that you feel would bring you true happiness. What is that?

QUESTION 3: WHY DO YOU REALLY WANT THAT?

Now, let's get clear on why you really want that. Find the deeper meaning and reason as to why you feel that would bring you true happiness. What would that mean to you to finally have it? This answer right here will be your key motivator to keep on your path when life gets rough.

QUESTION 4: WHAT IS STANDING IN YOUR WAY?

You now know what you truly want and why you want it, but you don't have it yet. Why is that? What is the one thing that is keeping you from achieving your true happiness? What is that one thing keeping it just out of your reach?

QUESTION 5: IS THAT THE REAL REASON, OR JUST A SYMPTOM OF A GREATER PROBLEM?

This one can be tough to answer, but is so important that you do. Most of

the time what you think is the real obstacle in your way, is actually not the root cause. Dive deeper. Keep asking yourself "why" for each obstacle until you can not any further. That will be the real reason and/or obstacle standing in your way from your desire.

QUESTION 6: WHAT SMALL STEP CAN YOU TAKE TODAY?

Now that you uncovered the root cause that is keeping you from your true happiness, you can now start to take action to overcome it. What is the one thing you can do right now to start walking in the right direction. No action is too small. The greatest achievements happen with bit-sized, imperfect actions.

Congratulations! By answering all 6 of these questions, you not only discovered your inner "why" that will keep you walking on your path, but you also have a starting point to walk from to get you going. Remember, there is no one right path to follow. You have the power to create that path for yourself.

What next? Need help crafting that perfect path for you? Want to springboard yourself along your path to get ahead faster with the accountability and support that you need? Schedule a call with me, Jordan Alos, a spiritual life coach that can help you step into your own power so you can free yourself from the restrictions set upon yourself by yourself, others, and the world, so you can experience true happiness by altering reality at will to live any life you desire.



by **Jordan Alos**
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REDISCOVERING YOUR TRUE SELF

— Liz Loizou-Smith

At some point in your life you may feel as though you've lost touch with who you are. When we're young our core connection to ourselves naturally exists, but somewhere along the way we often go through a period where we are disconnected from the true essence of who we are.

You might be wondering why this happens and in simplest terms, we've been judged or suppressed from our true essence. We've been forced to "hide" those pieces of authenticity that might not seem acceptable to the people around us or society as a whole. Our true self is dependent on our values and beliefs, not the ones created by society, but the ones we truly feel deep inside of us.

To reconnect with who we really are entails making conscious decisions to put the focus back on ourselves, listen to our inner voice, allow the good and the bad to show up. We hear the word authentic thrown around constantly on social media, one thing I can say for sure is it goes beyond what you do for a living, or the various posts that promise to deliver authenticity. If we need to shout out to the world "I'm going to be authentic" we're not really living in true authenticity, we're playing the part that everyone expects to see. Sometimes we simply need to take a step back to rediscover who we are. Allow ourselves to be vulnerable, without feeling the need to shout it out to the world, "I'm going to be vulnerable". Allow yourself to be authentic and not have to explain yourself. To be true to ourselves might mean removing people from our circle that don't allow us to show up in good

times and in bad. When we can fully allow ourselves to follow our path and be the person we yearn to be we can fully step into our power and begin to feel whole again.

While you may feel disconnected from your true self, it still exists. We are spiritual beings living a human experience, when we can remind ourselves of this we can begin to fully express who we are.

If after reading this you're still struggling to reconnect I encourage you to ask yourself these questions. Who am I? What am I passionate about? What do I need or want to say? What are my values? What is my purpose? You can meditate on these questions and take time to reflect and journal them. This process does not need to be done overnight. It has taken you time to get here and it will take you time to get back.



by **Liz Loizou-Smith**

Liz Loizou-Smith is a Human Performance Coach and the founder of Rebel Instinct Coaching. She is a certified Holistic Wellness Coach, Reiki Practitioner and Intuitive empath helping people reconnect with who they are so they can live a happy healthy life.

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INSPIRATION / ARE WE THERE YET?

— Jennier Barrett-Clerkin

As spiritual teachers, most are aware that our planet Gaia (Earth) now holds the capacity of higher consciousness from 5D-12D, but are we there yet?

The answer is yes and no. Gaia's soul has already ascended. She no longer holds the capacity for 3D consciousness. What is 3D consciousness you may ask? This consciousness is the cup is half empty mentality, lack, power struggles, fear before faith. We left that consciousness behind on December 21, 2020, when we entered the Age of Aquarius. That 3D construct was full of power, struggle, fear and never ever having enough. Yet here we are still seeing the struggles of humans divided in half, being cruel to each other, calling each other out for differences of opinion.

Every night before bed I speak to my higher self and envision that 5D world that is upon us, the shift from fear to love & unity consciousness. You see 5D is full of freedom, truth, no duality and the purest love for all and unity as we are one. If we look around it is clear as humans we are not there yet. Most of us are teetering on a 4D consciousness that is full of rainbow light, astral projecting, and putting the faith before the fear. Do not misunderstand, we go in and out of consciousness so we can go back to 3D as it's holding on by a thread. We can also ascend to 5D and beyond as we hold space for others to become conscious and place no judgment on where they are currently.

Some days I feel so conscious, so aware, and appreciative of my surroundings and just my being in general. Other days I am impatient and wonder why others have not chosen to open their eyes yet. Hence going in and out of consciousness.

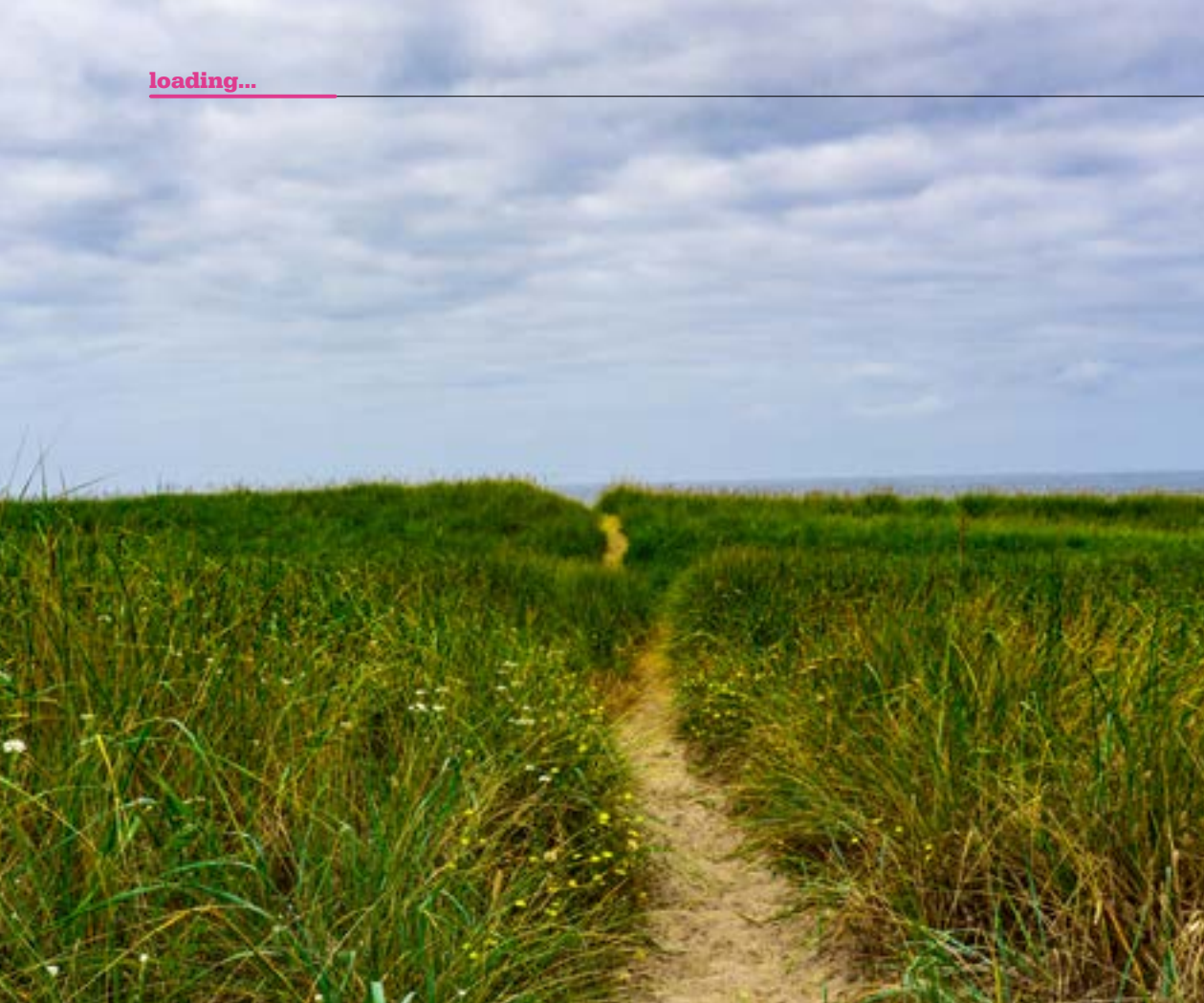
If you take anything away from this today it should be to hold space for yourself and others. Gaia is a soul just as we are. We have witnessed her patience as there have been numerous times humans have tried to destroy her yet here she is holding love for us just patiently waiting for us to ascend.



by **Jennifer Barrett-Clerkin**
Mytldimensional Transformation Specialist

"If you take anything away from this today it should be to hold space for yourself and others."





**"FOLLOWING
YOUR INTUITION
MEANS**

to stand in your own power. It means to keep shining your light and your soul's desires even on the days where you may feel indifferent."

INSPIRATION / FOLLOWING YOUR PATH

— Diana Borisuck

Our mind and soul connection lies within us and leads us to following our path. We all have the spiritual intelligence that enables us to go with that "gut feeling" and to learn how to listen to that "inner voice"; also known as our intuition. Following our intuition requires us to learn how to let go of anything that does not serve our highest good and to lead with an open heart. The universe wants us to go with the flow, the flow of life that may often lead us to the unknown. There may be many experiences along the way that have come to us to help us grow on our journey. Some may have the straight path mapped out and many of us may need to take the winding road, either way it is beautiful. It all depends on our perception, the way we look at every road we have crossed to get to where we are meant to be.

Following our intuition means to stand in your power. It means to keep shining your light and your soul's desires even on the days where you may feel indifferent. We are all on a mission to feel whole, that feeling of total and unwarranted completeness. It is so easy to let oneself get

lost in our path, it usually happens when we stop believing in ourselves. Oftentimes we let our minds overthink situations and doing so creates a reality that really is not our reality. Manifestations are very real. The patterns we create within our thinking process may lead us to manifest those patterns into our lives. Think to yourself; How can I be the best I can be on my own terms? Is ego taking over? It is very natural for our ego to rule our world. Our egos can influence our thoughts, motives, emotions and behaviors. Take a moment. Close your eyes and feel it all through the top of your crown down into your heart. That is where you will find your soul connection and it will lead you onto a path that only you can create.



Diana Borisuck
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INSPIRATION / FINDING PEACE IN THE CHAOS

— Seph Dietlin

How do we find peace so that we can thrive in these chaotic times of transformation? The purpose of this article is to empower you to reclaim what is divinely yours, right now, by sharing what I have become aware of through my experience as an angel channel and a hypnotherapist.

Yes, it is true that peace has become more precious to us than anything else. Peace though, is our default state of being, which begs the question of how do we get hijacked from that natural state, and what do we do to free ourselves.

For those of you who understand astrology, I need only point out the current position of Pluto and Neptune. As we are well aware, humanity is in the process of freeing itself from every possible limitation to its full creative potential. We are currently in the “labor pains” mode of that new birth.

As with any new cycle that births new possibilities, turbulence is part of the equation. Bearing that in mind should steer us into the realization that we have proof of this exciting shift to come, instead of becoming falsely encumbered by the turbulence itself.

So how do we empower ourselves when the turbulent part of transformation shows up? By remembering that anytime we engage in consciously expansive activity, even



if it's taking a break and going for a walk outside, that we are instantly restored to our natural state of peace by virtue of being in that expanded state. Though that is simple, we all know that it is not necessarily easy.

Now let's take on the part about making that a bit easier. Imagine a small circle that represents your human mind, surrounded by the vastness of your conscious awareness. It's important to distinguish them, but notice that I didn't say to separate them. That small circle is called many things such as the left brain and the ego, for example. False and limiting beliefs are parked in that tiny circle, by contrast to your powerful and all knowing self that is represented by the vastness that surrounds it and only knows the expression of infinity. This is why it's so important to keep your focus off of anything that vibrates at a low frequency.

When we confine ourselves to that inner sphere, through the programming of the 3D world that we live in, we endorse the illusion that we are separate from the most powerful aspects of ourselves. In this instance, the only thing that separates us from our fullness of being is that false belief.

As we create a habit of engaging in a conscious expanding lifestyle, we are better able to catch ourselves when that little tiny inner sphere decides that it wants to overtake us with information that is ultimately distorted, which then causes us to be better able to stop the process in its tracks.

This increased immunity to limiting thoughts and beliefs grants us greater amounts of peace and clarity that grants us the best possible outcomes in every area of our lives. That's not just an added bonus, that's how it works!

Our 3D "reality" has conditioned us to resort to our mind to solve everything, so when things escalate in difficulty it absolutely does become a bit trickier to use the hack that I just shared. Understanding that we do that, gives us a better chance of rising to the occasion when that happens.



ABOUT SEPH

As a certified hypnotherapist, stream of conscious channel guided by the angelic realm and visionary, Seph Dietlin is creating a community for the purpose of empowering you to dramatically shift your experience through expanding your conscious awareness. We continue to make headway in the frontier of mastering the benefits of living in an expanded state, and Seph serves the community by creating content, providing intuitive readings, intuitive development coaching and hypnotherapy. Seph is the host of the podcast, "Talk To My Angels," and you can contact him or book a session with him at www.TalkToMyAngels.com.

Expanded awareness means greater intuition, and we can all agree that we are being granted more of that by the minute while we travel through this time period. By developing our intuition which expands our conscious awareness, we are empowered to live in peace and create the reality that we want to live in. Our natural state of being! For the purpose of finding peace in our external reality, let's expand the inner paradigm that we have discussed so far and project it into the world around us. Just as we answer the call to become the creators of our reality that we are destined to be, the limitations that come only from that tiny sphere attempts to hang on to us and gain greater control with its false information.

This forces us to expand into greater awareness and harness the possibility that can only come from there. How powerful are we for setting it up this way and creating such great catalysts to our personal and global empowerment?